

Mastering the Power of Influence

for Personal & Professional Success and Fulfillment

Presented by **Stuart and Carol Heller**

**"Take charge of
your own energy."**

Peter Drucker

"Movement never lies."

Martha Graham



**"The martial arts are about
honestly expressing yourself."**

Bruce lee

**"Nothing happens
until something moves."**

Albert Einstein

*A whopping 90% of all our communications
are non-verbal. Why is it that in this realm
we are the least skillful? And what if the 90% factor
influences how well we learn?*

Do You Want To:

- 1. Make Powerful Offers**
- 2. Act with Clarity and Decisiveness**
- 3. Relax with Centered Presence**
- 4. Respond not react to Conflict**

Join us for this Five-Month Intensive to:

- Demonstrate the power of **GROUND** - Decisiveness, Calm, and a Powerful Presence.
- Express the energy of **FIRE** – Inspirational, Confident, Focused, and Happy.
- Incorporate the inner strength of **WATER** – Caring, Adaptable, and Resilient.
- Access the freedom of **WIND** - Perceptive, Peaceful, and able to Let Go.
- Cultivate the essence of **SPACE** - Authenticity, Versatility, and true Control.

You will never be, act, respond OR feel the same.

When: (5 month **2008** program) **Mar** 8-9, **Apr** 8, **May** 10-11, **Jun** 10 and **Jul** 12-13

Where: Santa Fe, NM facility – Hotel Santa Fe, Santa Fe, NM - <http://www.hotelsantafe.com/>

Cost: \$1875 including 2 DVDs (valued at \$130.)

Register: sfm@walksbesidecoaching.com or raphaelglobal@comcast.net

Or call 505-424-4771 or 505-466-2689

About **Stuart Heller**, Ph.D., 6th Degree Black Belt and founder of WALKING YOUR TALK. Stuart is a professor in the martial arts with black belts in two different arts. Certified in the F.M. Alexander Technique, he studied classic Chinese medicine more than 20 years and is considered a master of Qi Gong. He was also a scholarship student with Alvin Ailey's Dance Theatre. He has degrees in Mathematics, Operations Research, and Psychology.

Carol Heller, C.H.T., Advanced Teacher of Movement Psychology, is the only person to have studied the full range of Stuart's research. Carol has co-designed and co-leads their core trainings. She is also a trained singer, a published fantasy author, and is certified as a Hypnotherapist. Their company has trained executives, consultants, coaches, educators, artists, and healers around the world. They have collaborated closely with other organizations over the last 20 years, including: Salus International (in Russia), Rosen Method International, Newfield Network, Education for Living Seminars, the Executive Coaching Institute, and Gestalt OSD.